

We Need Your Recipes for the Tastes of Sammamish Recipe Book

The SHS PTSA is creating a recipe book representing all the cultures and ethnicities at Sammamish. Our idea is for every SHS family to submit a recipe (or more) that they will make and bring to "The Tastes and Talents of Sammamish" on April 29, 2010. Hosted by the PTSA, this evening of food, family, friends, and entertainment is a cultural extravaganza you won't want to miss. What a great opportunity to sample dishes from all over the world and perhaps be able to recreate your favorites from the Tastes of Sammamish recipe book which will be available that evening.



Don't be left out! Please contribute your favorite recipe(s) now! It's easy to submit your recipe(s) online:

1. Go to www.typensave.com and click **login** (the SHS PTSA has already set up an account).
2. For "Contributor" enter the first and last name of the person contributing the recipe AND their phone number (Note: The phone number will not be printed in the book; only used if we have questions about the recipe.)
3. For "Group Login" enter **ptsa**
4. For "Password" enter **totems**
5. Click **Submit**.
6. On the page welcoming you as a contributor, click **Add Recipe**.
7. On the Add Recipe page enter your recipe information in the fields provided as instructed.
8. Click **Preview Recipe** to check for accuracy.
9. Click **Edit** to make changes.
10. Click **Save** to submit your recipe.

It's THAT simple!

If you do not have easy internet access, use the form on the reverse side of this flyer. Drop your completed form at the SHS front office or mail it to:

PTSA Recipes
100 140th Ave. SE
Bellevue, WA 98005

Please don't delay! We need all recipes to be submitted by January 31!

The recipe books will be sold at the Tastes and Talents of Sammamish event and proceeds will benefit PTSA-sponsored programs.

If you have any questions, email recipes@sammamishtotems.org or call 425-417-9452.



RECIPE COLLECTION SHEET

FOLLOW INSTRUCTIONS ON BACK

For office use only	Recipe No.
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Category _____ Country of origin for recipe _____

Recipe Title _____

Submitted By _____ Phone Number _____

INGREDIENTS: Use abbreviations: pt. qt. pkg. env. c. tsp. T. oz. lb. gal. doz. sm. med. lg.

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

DIRECTIONS: _____

INSTRUCTIONS

- **TYPE OR PRINT CLEARLY IN INK, NOT PENCIL, AND PLACE ONLY ONE RECIPE PER FORM.**
- If more room is needed, use another sheet of the same size and staple together.
- List all ingredients in order of use in ingredients list and directions.
- Include container sizes, e.g., 16-oz. pkg., 24-oz. can.
- Keep directions in paragraph form – not in steps.
- Use names of ingredients in the directions, e.g., “Combine flour and sugar.” DO NOT use statements like, “Combine first three ingredients.”
- Include temperatures and cooking, chilling, baking, and/or freezing times.
- Anything not part of the recipe (ingredients, directions, contributor name, serving size or recipe title) will not be included unless you select Recipe Notes for an extra charge.
- Be consistent with the spelling of your name for each recipe you contribute.
- Your recipes should fit into the following categories:

Appetizers & Beverages
Soups & Salads
Vegetables & Side Dishes
Main Dishes

Breads & Rolls
Desserts
Cookies & Candy
This & That

Dear Friend,

Our organization is preparing a taste-tempting cookbook featuring favorite recipes from members of our community. Our cookbook will be beautifully illustrated and bound and is sure to be treasured for years.

We would like you to submit 3 or 4 of your favorite recipes so you can be represented in our memorable collection. Follow the instructions above. Your name will be printed with each of your recipes.

Each cookbook will contain helpful cooking hints, recipe category dividers, a table of contents, an index, and special pages of interest to our community. The cookbook will be typeset in an easy-to-read format and professionally printed and bound.

Proceeds from our cookbook sales will help fund future projects sponsored by our organization. Your help in contributing recipes will ensure that our cookbook will be a success.

We anticipate a great demand for our cookbooks, and we want to be certain we order enough. You can reserve one or more copies for yourself and your family at this time to be assured of receiving them.

Please reserve _____ cookbook(s) for me.

Name _____

P.S. Please submit your recipes to the committee within 5 days so they can be turned over to the publisher. Thank you!